

**SIXTEENTH BIENNIAL SINGLEHANDED TRANSPACIFIC YACHT RACE**  
**July 12 to August 2, 2008**  
**SINGLEHANDED SAILING SOCIETY**  
**San Francisco Bay, California to Hanalei Bay, Hawaii**  
**SAILING INSTRUCTIONS**  
**July 7, 2008**

**1. RACING RULES**

1.1. The Race will be governed by the following:

- a) The International Sailing Federation (ISAF) Racing Rules of Sailing, 2005- 2008 (RRS)
- b) The United States Sailing Association (USSailing) Prescriptions
- c) The Notice of Race (NOR)
- d) The Racing Rules and Conditions (RRC)
- e) The Sailing Instructions (SI)
- f) The Communications Plan
- g) Any amendments to items c, d, e or f
- h) The 2008 Northern California Performance Handicap Racing Fleet (PHRF) Rules and Guidelines, except as modified by items c, d, e, f or g
- i) In the case of a yacht that submits a PHRF One-Design Rating, the relevant One-Design Class Rules

1.2. Between the hours of sunset and sunrise the International Regulations for Prevention of Collisions at Sea (COLREGS) will replace part 2 of the RRS.

1.3. Yachts racing shall stay clear of commercial or other vessels limited in their ability to maneuver in restricted waters.

1.4. Any amendments to the Sailing Instructions or Communications Plan after the skippers meeting will be distributed in hard copy to all skippers in person if possible. In addition, on the morning of the start, flag L will be flown ashore, and the changes will be announced on VHF channel 69.

**2. SKIPPERS MEETING**

2.1. A skippers meeting will be held at 11 AM Friday, July 11, at the Corinthian Yacht Club, Tiburon, CA. Attendance by each skipper is mandatory.

**3. CLASSES AND DIVISIONS**

3.1. For scoring purposes, there will be five divisions of yachts. They shall start in three classes as indicated in the following table:

CLASS	DIVISIONS	
1	F: Large Monohulls	LOA > 40 feet
	G: Sport Monohulls	Discretion of RC
2	E: Medium Monohulls	LOA > 30 feet
	D: Small Monohulls	LOA < 30 feet
3	J: Multihulls	

**4. ENGINE SEALS AND TOWING**

4.1. The Race Committee will seal propeller shafts or gear levers on Friday, July 11.

4.2. The Race Committee will tow yachts from their berths to the starting area beginning at 0930 hours Pacific Daylight Time on Saturday, July 12. Priority will be given to yachts in class 1 until the start of that class.

4.3. In case of emergency use of engine propulsion by a yacht on the day of the start, the Race Committee will reseal the shaft or gear lever upon request on VHF channel 69, if it is reasonably practicable to do so. The yacht shall not start until such person has disembarked.

**5. ONBOARD ASSISTANCE**

5.1. No person other than the skipper shall be on board while the yacht is racing, with the following exceptions:

- a) A Race Committee member resealing the propeller shaft or gear lever per SI 4.3
- b) A person assisting a late starter per SI 11.1
- c) A person rescued at sea.

Such person may not assist in the operation of the yacht except as allowed in SI 11.1.

**6. CHECK IN**

6.1. Each yacht shall hail the Race Committee on VHF radio channel 69 on the morning of the start, prior to its Warning signal, advising the Race Committee of the yacht's name and sail or hull number, and receiving an acknowledgment from the Race Committee. A yacht failing to check in successfully before its deadline will be penalized according to SI 22.1.

**7. START**

7.1. The start line is between the orange panel on the Corinthian Yacht Club race deck and the orange inflatable mark immediately off the Corinthian Yacht Club, leaving the mark to port.

7.2. The schedule of starting signals is as follows. Times are Pacific Daylight Time.

TIME	EVENT	VISUAL SIGNAL	SOUND SIGNAL
1200	5 minute Warning, class 1: division F & G	Raise flag F & G	Gun
1201	Preparatory	Raise flag P	Gun
1204	1 minute Warning	Drop flag P	Horn
1205	Start, class 1: division F and G	Drop flag F & G	Gun
1210	5 minute Warning, class 2: division D & E	Raise flag D & E	Gun
1211	Preparatory	Raise flag P	Gun
1214	1 minute Warning	Drop flag P	Horn
1215	Start, class 2: division D and E	Drop flag D & E	Gun
1220	5 minute Warning, class 3: division J	Raise flag J	Gun
1221	Preparatory	Raise flag P	Gun
1224	1 minute Warning	Drop flag P	Horn
1225	Start, class 3: division J	Drop flag J	Gun

## **8. POSTPONEMENT**

8.1. The signal to postpone will be the hoisting of the Answering Pennant and two sounds. The postponement period will end with the lowering of the Answering Pennant and one sound. One minute after the end of the postponement period, the Warning signal will be made, signifying the resumption of the starting sequence.

8.2. In case of a postponement, the delay between starting sequences may be reduced or eliminated.

## **9. INDIVIDUAL RECALL**

9.1. If any yacht crosses the starting line prematurely, the Race Committee will display flag X with one sound, and may notify such yacht(s) by loudhailer and/or VHF radio channel 69. This modifies RRS 29.1. However, nothing contained in these instructions shall relieve a yacht of its obligation to make a proper start.

9.2. A yacht which crosses the starting line before its Preparatory signal and does not return to make a proper start will be scored DNS.

9.3. A yacht that crosses the starting line prematurely after its Preparatory signal may take the time penalty described in SI 22.3 instead of sailing to the pre-start side of the line. This modifies RRS 29.1.

## **10. GENERAL RECALL**

10.1. Recall of an entire division will be signaled by the hoisting of the First Substitute pennant with two sounds. The Warning signal for a new start for the recalled division will be made one minute after the First Substitute is removed with one sound, and the start for any succeeding division will follow the new start. Note that this procedure is entirely consistent with RRS 29.2; it is stated here for convenience.

10.2. In case of a general recall of the first division, the delay between starting sequences may be reduced or eliminated.

## **11. LATE STARTERS**

11.1. After its Preparatory signal, a yacht that has not started may receive outside or onboard assistance until it has cleared its mooring *and* is within one mile of the starting line. This modifies RRS 41.

## **12. RESTARTING**

12.1. If, on the day of the start, an emergency after the start compels a yacht to use engine propulsion or outside assistance, it may restart by returning completely to the prestart side of the starting line then recrossing. If either end mark of the starting line has been moved, the yacht shall cross an imaginary line between the marks' original locations. This modifies RRS 42.

## **13. COURSE**

13.1. From the start, leaving the South Tower of the Golden Gate Bridge to port, to the finish.

## **14. RESTRICTED AREAS**

14.1. Any yacht entering a restricted area may not "unwind" and must retire or face protest and disqualification, unless requesting the alternative penalty under SI 22.4. This modifies RRS 28.1. Restricted areas are:

- a) The area within 100 yards of the starting line for any yacht prior to its Preparatory signal.
- b) The area between Point Belvedere and its marking buoy.
- c) The areas between Alcatraz, Little Alcatraz and its marking buoy.
- d) The area between the San Francisco shoreline and the H beam near St. Francis Yacht Club.
- e) The area between the San Francisco shoreline and the marking buoy for Anita Rock.
- f) The area between Fort Point and the South Tower of the Golden Gate Bridge.

## **15. COMMUNICATION WITH RC AFTER START**

15.1. The Race Committee will remain on station, monitoring VHF channel 69, for at least two hours after the last start.

15.2. For the remainder of the day of the start, yachts may telephone 510-205-9412 or 415-847-7507 if the Race Committee does not respond to hails on VHF.

## **16. ROLL CALL**

Refer to the Communications Plan for the schedule, radio frequencies, and procedures for roll call. Failure of a yacht to check in at least once each day, during the designated periods, will result in a penalty as described in SI 22.5.

16.1. Competitors shall relay SSB communications when it is apparent that a skipper cannot communicate directly with the communications boat.

16.2. During roll call, all yachts shall monitor VHF channel 16 and endeavor to relay position reports if requested to do so. Any yacht unable to make contact via SSB or satphone should attempt to make contact on VHF channel 16. Willful disregard of a timely request for relay of roll call information is grounds for disqualification.

## **17. OUTSIDE ASSISTANCE**

17.1. No physical contact except for the passing of written messages may be made with other ships or boats at sea, and no stores may be received from any ship or aircraft during the Race, except for the passing of medical supplies. A yacht that accepts outside assistance beyond the above mentioned exceptions will be penalized according to SI 22.6.

17.2. During the Race, no yacht may receive private or publicly available internet-distributed information regarding weather, currents, course routing, or other tactical advice with the following specific exceptions:

- a) Receipt of publicly available radio weather broadcasts
- b) Diagrams commonly referred to as "weatherfax" generated by the National Oceanographic and Atmospheric Administration of the United States of America or corresponding agencies of other countries.
- c) Communication on open radio channels [without encryption] with other competitors, which may consist of information such as current position, weather and sea conditions.
- d) Solicitation and receipt of information solely about the repair of any equipment on board, but may not include routing advice.
- e) Weather data commonly referred to as "grib" files derived from weather models operated by National Oceanographic and Atmospheric Administration of the United States of America.

17.3. During the Race, a yacht may put in anywhere and anchor or moor for any purpose. She may be towed for a distance not exceeding two miles into, and for a distance not exceeding two miles out of

any harbor or anchorage, provided that the result of such towing does not advance the yacht in the direction of the finish line. This modifies RRS 41.

## **18. FINISH**

18.1. The finish line is an imaginary line extending at 0 degrees true from the location at approximately 22°13'19.50" N latitude, 159°29'49.00" W longitude, on the bluff at Pu'u Poa Poa Point on Hanalei Bay, island of Kauai, Hawaii. Yachts shall cross the line south of 22°14'19.50" N latitude, 159°29'49.00" W longitude, leaving Pu'u Poa Poa Point to port.

18.2. Each yacht shall hail the Race Committee on VHF channel 69 when within radio range of the finish line. If a yacht finishing at night does not have a radio capable of contacting the Race Committee, the skipper shall illuminate their sails with their spotlight when the yacht reaches the vicinity of the finish line.

18.3. The race committee will inform yachts via VHF channel 69 when they have crossed the finish line.

18.4. Finishing yachts should be prepared to take their own finish time if they do not receive radio confirmation from the race committee.

## **19. CALCULATED DISTANCE & SCORING**

19.1. The calculated distance for the Race is 2120 miles.

19.2. Scoring will be time-on-distance.

## **20. TIME LIMIT**

20.1. The time limit for the Race shall be 1200 hours Hawaii Standard Time Saturday August 2, 2008.

20.2. Yachts finishing after the time limit will be scored "Finished After Deadline". This modifies RRS 35.

20.3. If 50% of the yachts that started have not finished by the time limit the deadline may be extended at the discretion of the Race Committee. Yachts still racing will be notified of any extension of the time limit by the communications boat. This modifies RRS 35.

## **21. PROTESTS & REDRESS**

21.1. This modifies RRS 61.1(a). A protesting yacht shall:

- a) Display a protest flag at the first reasonable opportunity and keep it displayed for one hour or until the protested yacht can no longer be seen, whichever occurs later.
- b) Display a protest flag as it approaches the finish and continue to display it until anchored in Hanalei Bay.
- c) Within one hour of finishing, verbally notify the Race Committee of intent to protest.
- d) Within 24 hours of finishing, file a written protest with the Race Committee.

21.2. This modifies RRS 62.2. A yacht requesting redress shall:

- a) Within one hour of finishing, verbally notify the Race Committee of intent to request redress.
- b) Within 24 hours of finishing, file a written request for redress with the Race Committee.

21.3. Protests and requests for redress will be heard by the Protest Committee as soon as is practical.

## **22. PENALTIES**

22.1. A yacht that fails to check in before its Warning signal per SI 6.1 will receive a time penalty of 5 hours added to its corrected time.

22.2. A yacht that breaks a rule of RRS Part 2 (or COLREGS, as applicable) will receive the Scoring Penalty as defined by RRS 44. The 720 degree penalty is disallowed. This modifies RRS 44.2.

22.3. In lieu of being scored DNS, a yacht that crosses the starting line prematurely after its Preparatory signal and does not return to make a proper start may accept a time penalty of one hour added to its corrected time. This modifies RRS 29.1. A yacht electing to take this alternative penalty shall hail the Race Committee immediately on VHF channel 69 and so inform them.

22.4. In lieu of disqualification, a yacht that enters a restricted area may accept a time penalty of 5 hours added to its corrected time. This modifies RRC 18.4 and RRS 44.3. A yacht electing to take this alternative penalty shall hail the Race Committee immediately on VHF channel 69 and so inform them.

22.5. For every day that a yacht that fails to check in at least once, during the designated roll call periods, it will receive a time penalty of one hour added to its corrected time.

22.6. In lieu of disqualification, the Race Committee may impose a penalty for infractions of NOR, Racing Rules and Conditions (RRC), the Racing Rules of Sailing (RRS), and for non-compliance with required equipment that will result in 24 to 96 hours added to the yacht's correct time. Taking a 720 penalty is disallowed.

**END OF SAILING INSTRUCTIONS**